

Unitarian Universalist Church in Eugene  
Faith Formation for Adults  
**FALL 2019**



**Minister: Rev. Lois Van Leer**  
**Director of Lifespan Faith Formation: Katy Siepert**

**Touchstone Tuesday Potlucks**

**Monthly – 1<sup>st</sup> Tuesday of each month, 5:30-7:30pm – UUCE Social Hall**

Join in compassionate and nourishing community together with other UUs – bring a dish and stay a while!



**Poverty 101**

**Sunday, October 27<sup>th</sup>, 2:00-6:00 pm - with William Wise**

Multigenerational poverty is an issue that affects millions of people. We see people who are struggling to survive wherever we look. If we want to make a difference, we need to move beyond stereotypes and judgement to a deeper understanding of the causes of poverty and its impact on human beings. With this awareness, we can work together to provide genuine opportunities for people to move out of poverty. Whether you're just curious, know someone struggling to get out of poverty, or work in human services, understanding the lived experience of those raised in multigenerational poverty is the first step in being able to help.

**Preregistration is Appreciated**

Please sign up at the Information Table or Email the name(s) of attendees to: [william.wiseone@gmail.com](mailto:william.wiseone@gmail.com) Thank you!

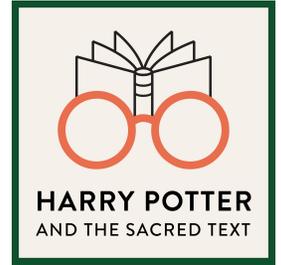
## Harry Potter and the Sacred Text

Every other Wednesday, 5:30-7:00pm

Contact Debra Eichner for info and location: (541) 731-5899

### BOOK 3: HARRY POTTER AND THE PRISONER OF AZKABAN

It's Harry's third year at Hogwarts, and we are thrilled to join him and explore his world through the theme of innocence, shame, recognition, belonging and more! Based on the podcast "Harry Potter and the Sacred Text," together we read the books we love, looking deeper into the texts for their sacred meaning and how we might apply that meaning to our own lives. Contact Debra Eichner for more information at (541) 731-5899 and to get included on the info text list.



## Tai Chi Fusion with Barbara Flitcroft

Wednesdays, 10:00-11:00am - UUCE Chapel

A series of unanticipated events impacted Barbara's life, causing a sense of overwhelm. In response, she decided to explore a variety of mental and physical exercises to help her cope with life's stresses. After practicing as a student, she eventually started leading a Tai Chi class at Hillsboro Park and Rec center. She worked to weave aspects of Tai Chi, Yoga, Qi Gong together into a new form called Tai Chi Fusion. Join her and learn what gentle moving meditation can bring to your sense of well-being. Childcare is available upon request.



## Examining Whiteness

Thursdays, 2:30-4:30 - 8 sessions, October 24-December 19 (skipping Thanksgiving, Nov. 28<sup>th</sup>)

One of the ways that racism affects us is by shaping our identity (this is true for whites and People of Color).

Led by Dan Goodlett and Ruth Kenney, these materials are made available to Unitarian Universalists (UUs), particularly white people, interested in transforming their whiteness through understanding the complex history of white supremacy of over four hundred years in the United States, and the impact it has on us as individuals and the society as a whole.

## Book Group: So You Want to Talk about Race, by Ijeoma Oluo

Mondays, 6:00-7:30 - 6 sessions, November 4<sup>th</sup>-December 16<sup>th</sup> (skipping Veteran's Day, Nov. 11<sup>th</sup>)



In this *New York Times* bestseller, Ijeoma Oluo explores the complex reality of today's racial landscape--from white privilege and police brutality to systemic discrimination and the Black Lives Matter movement--offering straightforward clarity that readers need to contribute to the dismantling of the racial divide.

## Challenging Racism: Putting Love Into Action

Sundays, 11:30-1:00 - October 13<sup>th</sup> and 27<sup>th</sup>, then 2nd Sundays of each month

Participate in the formation of our social justice education plan and action as a church. All are welcome and encouraged to attend.

Our charter states: As a people of faith, grounded in our principles, we are seeking to put love into action by first transforming ourselves through deeper recognition that we live in a racist world: All group participants are committed to engaging in anti-racism work in themselves, the church, and the world.

### **The Artist's Way with Lifecoach and Artist Lynzie Kronheim**

**Fridays, September 27-November 15, 4:00-6:00pm**

Based on the best-selling book "The Artist's Way: A Spiritual Path to Higher Creativity" by Julia Cameron, this 8-session series is designed to help the participant tap into their natural creativity, curiosity, and artistry. Lynzie Kronheim is a life coach and artist and has taught this series in many different settings, bringing more joy and creative expression to the lives of countless students. She supplies all of the materials. \$200 covers cost of all materials – Scholarships are available, inquire with the Director of Faith Formation.

### **Exploring Soul Matters with SoulCollage®**

**Sundays, 2:30-5:00 – 3 sessions, October 6<sup>th</sup>, November 3<sup>rd</sup>, and December 8<sup>th</sup>**

Come, dive deeper into the UUCE monthly worship themes. Let the inspiration of our focused themes guide you as you start, or add to, your own personal deck of evocative 5" x 8" SoulCollage® cards...even if you have never done art or would not describe yourself as creative. Simply place and glue images that you choose from hundreds provided for you. Use this process to access your intuition, remind you of your spiritual strengths, and remember your inner wisdom. Learn the basics or expand your knowledge and your use of the process. All levels welcome. Attend any or all of the three workshops.

All materials provided, \$5 - \$20 per class donation suggested. Questions? Contact Facilitator Jean DeVenney, 503-504-6040, [mizznizz@gmail.com](mailto:mizznizz@gmail.com)

### **Circles of Trust**

**Save the Date: February 2, 9, 16, 23, and March 1, 8 – 2 hours, 2:00-6:00**

The Clearness Committee can help you to learn the value of asking open, honest questions, to experience how everyone has an inner teacher, and to see what happens when we commit to the ideas of no fixing, advising, saving or correcting one another.

The Clearness Committee process is both simple and demanding. Done well, it is a positive experience for everyone involved.

### **Book Group: White Fragility: Why It's So Hard for White People to Talk About Racism, by Robin DiAngelo**

**Sundays, 11:30-12:30 – 3 sessions, January 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup>**

In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people' (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

## **WrenSong**

**Save the Date: Coming this Winter, with Sharon Roberts**

Opportunity to engage beginning in the new year – in the meantime, talk with other participants to get a feel for the program, or talk with Sharon Roberts for more information.

## **Understanding Human Behavior**

**Save the Date: Coming this Winter, with William Wise**

What motivates our behaviors, how can we better love one another, and how can we better love ourselves? This 10-part class will delve into these questions and more. Talk with William Wise for more information.

Adult Faith Formation program related questions?

Contact DLFF Katy Siepert at [faithformation@uueugene.org](mailto:faithformation@uueugene.org) or call 541-686-2775, ex. 2