



School Supply Kits Create New Connections at UUCE

(Page 11)



Sunday Worship

Our theme this month is “Learning.” Remembering that the word “education” comes from sources indicating, variously, education as a drawing forth that which is within, a leading out – presumably from ignorance - and learning as guided training, our UU faith encourages learning as a lifelong endeavor in all its glories.

Feb 4: "What does a seed know" A seed has all its potential inside to become what is meant to be. Come and explore the potential inside each of us with Kimberly Wootan.

Feb 11: “Illumination” We may have moments of intense clarity, but sometimes they pass as quickly as a blink. How do we help one another weave enlightening insights and experiences throughout our everyday lives, encouraged by the many shades of religious and spiritual perspectives in our midst? Rev Sydney.

February 18: ” Good Enough” In these times of stress and uncertainty, when it seems that we must try harder than ever, how do we know if what we're doing is good enough? On the traditional "day of rest," Ministerial Intern Sarah Skochko considers perfectionism, self-esteem, and responsibility - as well as letting go.

Feb 25: “We Loved the Stars Too Greatly to be Fearful of the Night. “ Attributed to Gallileo’s students, this courage emboldens us today to follow the spirit of inquiry, as science and religion meet in our hearts and minds. Rev. Sydney.

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UUCE Minister



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Minister's Message

There are, in Hinduism, several paths of yoga: *jnana*, *bhakti*, *karma* and *raja*. Yoga means to link or to yoke, and I have always thought of it as related to the Latin *religio* – to yoke, tie or bind, to link -- which our UU religious movement refers: the interconnected web of all existence. In the practice of religion, I consider myself most naturally a *jnana* yogi, one who delights in the intellectual spiritual path. *Bhati* yogis are drawn to devotion, *karma* yogis to action, and *raja* yogis to going everyday to the yoga studio and astonishing the rest of us with their flexibility. It is so helpful to deepen each of these practices.

Another way to look at yoga is the concept of *cittavrtti nirodha*, calming or ceasing fluctuations of the mind, in order to discriminate between the real and the unreal. As we are flung about hourly by the hyperstimulation of the news, maintaining a balance within oneself becomes a revolutionary act. So too can reflection and conversation which centers us in our most educated understanding of the issues of the day. When purposeful misunderstanding is promulgated, it is our civic duty to stay connected; it is our faith that gives us the strength to do so. I trust we will hold onto foundational commitments and facts, preserve the meanings of compassion, inclusion, equity and justice, and continue to learn.

This month we prepare for our Pledging Sunday next month, on March 11th, with colorful materials coming to you by email, in paper, poster and social media. Members of the Annual Appeal team will be speaking on Sundays over the course of this month, to share their commitment to our church.

UUCEMinister

Indeed, our theme this year is “The Fire of Commitment;” while community can get hot at times, the fire of our commitment to UUCE nourishes and enlivens our spirits with beauty and warmth. We are collecting pledges for the 2018/19 church year – doing so in the spring will enable a budget that plans for the new minister and the new church era.

In the meantime, we are all – children, youth and adult alike -- availing ourselves of one another to learn more deeply the steadfast commitments that will see us through. As Ladysmith Black Mambazo sang at the Shedd, “Hard times do not last/ Strong people do.”

See you in church,
Rev. Sydney



Sunday after service Judy Shaw presents UK
Perspective on Immigration



Feb.
4

Touchstone Tuesday Potluck International Flavors
Tuesday, 5:30-7:30pm
(Social Hall, Kitchen)



Feb.
6

Moving Meditation, Tai Chi Fusion
Weekly, starting Wednesday, 10:00-11:00am
(Chapel)



Feb.
7

UUCE Quick Calendar

Sunday, February 11, after service
Connie and Anne present their Cuba trip
p. 13



Feb.
11

Thursday, Food for Lane County Food
Rescue Night

p. 18



Feb.
22



Music Matters

Two music notes for the newsletter:

1. We are offering an all-comers choir with more regularity this spring. If you like to sing, but can't make a Wednesday rehearsal, or are curious about singing in choir, why not give this a try. On selected Sundays, we meet at 9, warm-up and learn one piece, and then sing at the beginning of that same service. There are no extra practices, no dress code, and you can sit in your usual spots as soon as we finish singing. A High Voice choir of Soprano and Altos sang on January 28. Tenors and Basses, your turn is coming, and there will also be opportunities for all singers later on this spring. We will always publicize this in the bulletin and social media the week before, but if you'd like to be on an email list for these sorts of events, let Brad Schultz know: uueugenemusic@gmail.com

2. The organ is coming! Disassembly of a pipe organ coming to us on loan from the University of Oregon will begin February 5 at the organ's current home in a Presbyterian Church near Beaverton. Over the weeks that follow, the organ will undergo a bit of restorative maintenance, and slowly take shape in our sanctuary. Watch for news of inaugural events to come, including a recital in April. More information about the instrument can be found in the worship/music menu on www.uueugene.org

Brad Schultz

UUCE Worship



From Your Intern

Early January found me back at seminary once again, insulated and thermalled to the teeth against the Chicago cold. I go to Meadville Lombard Theological School. It's a historic school with a rich legacy, and I feel moved knowing that I'm following the path of so many Unitarian Universalist scholars and ministers throughout history (including Reverend Sydney). I like to open the back covers of random books in Meadville Lombard's library – many of which are hundreds of years old – to see who checked them out in the 1930s. Once, I found an old Unitarian minister's handwritten order of service from the early 1800s, penciled into the cover of a hymnal: sing, pray, sing, sermon, pray again, sing. I was so touched. I've sketched out services that same way.

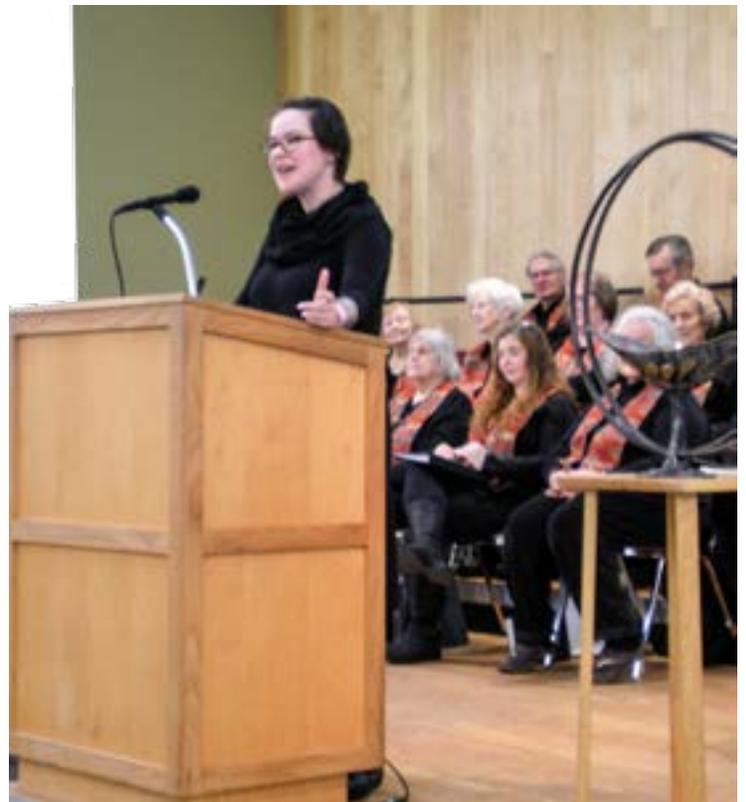
During my visit to Chicago in January, one of the big topics among seminarians in my year was liturgy: we've been deployed to teaching congregations all around the country, and we take our service-planning seriously. Despite our central core of UU values, all of our churches have different traditions surrounding worship in practice. Lately I've been penciling notes into the hymnal in my church office for future interns about which hymns we sing most often and which ones are unfamiliar. We don't always get to meet those who follow us, and yet we are connected to them. So much of what we hold dear will outlast us in the form of traditions and ways of being together in community, even unwritten. And so much of what is familiar to us will eventually change. (We do a lot less praying during worship than we did in the 1800s, it seems.)

Now we find ourselves in a time of transition as a congregation, at a time when the country as a whole is experiencing so much change and uncertainty. Like so many of you, I am sad to be

UUCE Worship

saying goodbye to Reverend Sydney later this year. At the same time, I am so grateful to be continuing my internship into a second year, to be with you through this time of change, and to continue the work of this church with a new developmental minister. This is a good time to lift up our core values, to celebrate our accomplishments, and to carry what we are most proud of into the future: not just in writing, but in the way we live.

Blessings,
Sarah Skochko



Holy Days: Save the Dates

March 30, 6:30-8:30 pm – Passover – Seder Dinner

During this Friday evening event, we will celebrate one of our sources, the Jewish tradition, in an all-ages feast. The Passover Seder recognizes and ritualizes the Exodus – the flight of the Children of Israel from slavery in Ancient Egypt. As we read from the Haggadah, together we will retell the ancient tale and eat from the Seder Plate. Come join in our intergenerational evening of ritual and observance as part of our Spring Holy Days series.



March 31, 6:30 to 8:30 – Tenebrae

Latin for "shadows" or "darkness," this Friday evening, we will explore more deeply the meaning of death and deep sorrow as part of our Spring Holy Days series. The distinctive ceremony of Tenebrae is the gradual extinguishing of candles while a series of readings and psalms is chanted or recited. A late evening meditative service.



UUCE Connecting

April 1 – Easter

As the final installation in our Spring Holy Days series, we will host an Easter Egg-stravaganza! Create special Easter crafts, hunt for eggs filled with special prizes, and enjoy this celebration of the return of new life with the whole family.



Dear UUCE,

February is Black History Month, and in children's RE, we will be lighting votive candles (made by children in SpiritJam last month), symbolizing the light of the Civil Rights Movement and historical black activists and leaders who have continued to speak out for justice and equality for all people. What incredible role-models for our children! Angela Davis was one person chosen to be commemorated by our votive candle project. Barak Obama was another. Men and women engaging in shaping the course of history from different approaches, but adding to the narrative that shapes all of our lives – rich, complex, and ongoing...

In SpiritJam this month, we'll continue to discuss Black History through the theme of "Learning." This whole-church theme will be echoed from the pulpit, and I encourage you to talk with your child about what they are discovering in SpiritJam each Sunday and find ways to connect their lessons with your own. Developmentally, we are all on the path searching for truth and meaning. Engaging children in discussions of theology can be richly rewarding for both you and your child.

Some questions to consider discussing with your young person:

What makes someone a leader?

How do you know an idea is something you believe in?

Are we born knowing what is "right" and "wrong" or do we have to be taught?

Some jam sessions your child (or you!) might choose to engage in include Up-cycling Jam, where we will recycle old

Youth in middle school youth group continue to meet on the 2nd and 4th Sundays of each month, exploring issues of self-esteem, social action, and leadership. On 1st and 3rd Sundays, middle school youth are encouraged to join us in SpiritJam.

8-9th grade Coming of Age is underway, with 7 participants and a solid base of mentor volunteers. We are still looking for women to volunteer for the program. If think you might be interested, please contact me at uucedre@gmail.com < for more details.

Youth in high school youth group continue to visit other houses of worship: the Mosque, Temple Beth Israel, the Mormon Church, the Quaker Church.... Through this exploration, they are encouraged to find parallels between our faith traditions, and to discover what makes Unitarian Universalism unique in its place in the religious world.

For Adult RE offerings, please check out the Adult RE Pamphlet, located in the pamphlet rack. Highlights include a new Tai Chi Fusion class offered by Barbara Flitcroft and an ongoing film and discussion series, as well as a call for book groups, for the Justice Series.

In today's climate of racism in the White House, and the future of our Dreamers at stake, it seems vitally important to remember that it is never just one person who changes the course of history – on all sides, there are individuals behind the scenes, supporting ideas, policies, and movements. I urge you to continue to make calls to your representatives about the topics that are important to you, to continue to show up when called upon, and to continue to speak out for your values. Black leaders have been doing so throughout America's history, despite the odds stacked against them. Let us, as Unitarian Universalists and as a people of faith, continue to put our faith in what is true, good, and decent.

All My Best,
Katy

UUCE Connecting

clothing into fashionable and functional scarves to give to people who may need a little extra warmth this season, Harry Potter Jam, where you will be sorted into your house by the sorting hat, and Kids Can Jam, where we will learn about empowered young people throughout history who have made a difference in the world. Last month, we learned about one such young person, King John Sigismund, who ascended the throne at age 19, and went on to create the Edict of Torda, making Transylvania the first country to promote religious freedom for its people. Last month, children then went on to create Edicts of their own, establishing countries where both democracy and monarchy ruled and freedoms were granted to everyone!



Last month our DRE Katy Siepert, shared her plans with us to walk the Camino this summer. In order for us to share in the excitement of her journey, here is some information about the Camino.



El Camino de Santiago de Compostela

The Route of Santiago de Compostela is an extensive interconnected network of pilgrimage routes in Spain whose ultimate destination is the tomb of the Apostle James the Greater in Santiago de Compostela, in Galicia. According to Saint Jerome, the apostles were to be interred in the province where each had preached the gospel. The tomb believed to be that of James the Greater was discovered in Galicia in the 9th century, a

The Route of Santiago has been a meeting place for its pilgrims ever since it emerged some eleven centuries ago. It has facilitated a constant cultural dialogue between the pilgrims and the communities through which they pass. It was also an important commercial axis and conduit for the dissemination of knowledge, supporting economic and social development along its itineraries. Constantly evolving, this serial property includes a magnificent ensemble of built heritage of historical importance created to fill the needs of pilgrims, including churches, hospitals, hostels, monasteries, calvaries, bridges, and other structures, many of which testify to the artistic and architectural evolution that occurred between the Romanesque and Baroque periods. Outstanding natural landscapes as well as a rich intangible cultural heritage also survive to the present day.

From the UNESCO World Heritage site

UUCE Connecting

period when Spain was dominated by Muslims. Its discovery was of immense importance for the Christian world, and Compostela soon became a place of Christian pilgrimage comparable in importance to Jerusalem and Rome.

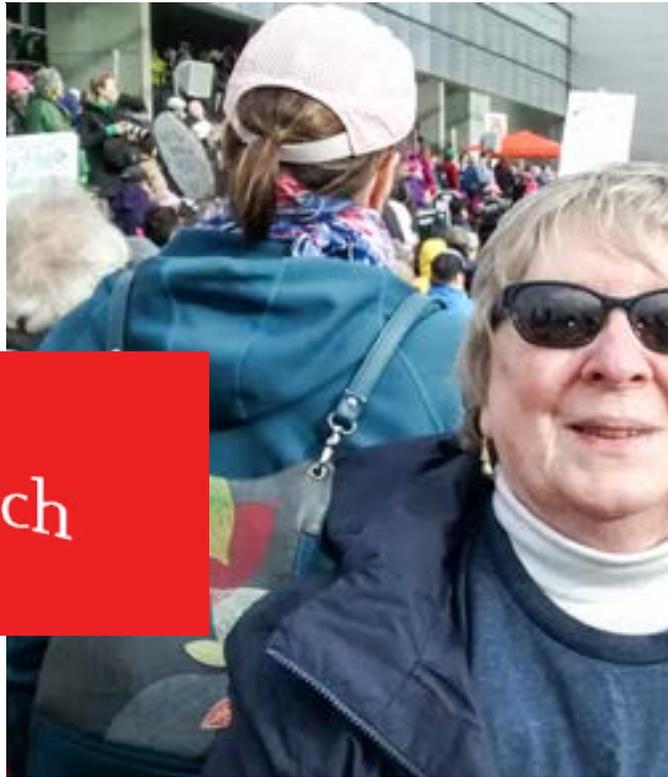
The almost 1500-km-long network of four Northern Routes (Primitive, Coastal, Interior of the Basque Country-La Rioja, and Liébana) are at the origin of the Jacobean pilgrimage. They are directly linked to the discovery of the Apostle's tomb, and to its promotion by the Kingdom of Asturias. It was not until the 11th century that the Northern Routes were surpassed by the 738-km-long French Route, which was less difficult to traverse and became the primary Way of Saint James across the Iberian peninsula to Compostela.





**Women's March
Eugene, OR
2018**

JUCE Outreach



School Supply Kits Create New Connections at UUCE

The government's shutdown of refugee intake has left many in the Eugene/Springfield community with much energy and enthusiasm for helping refugees, but few means to feel effective. This fall, the UU Refugee Sanctuary Project learned of a refugee relief school kits program organized and administered by the Mennonite Central Committee. The kits consist of sewn drawstring bags containing basic school supplies to be distributed to children overseas, many restricted to refugee camps without resources or activities. Over 70,000 school kits containing notebooks, pencils, erasers, rulers, and colored pencils were assembled last year across the US and delivered to children in regions of crisis and disaster.

Our UU group felt that this project would be ideal for the holiday "giving" season. We began with a modest goal of 50 school kits. We bought the first supplies of canvas for the drawstring bags with money generously donated to our Refugee Sanctuary group by the UU congregation in Bend.

Our church's sewing group "Quilting for a Cause" was already making quilts for St. Vincent de Paul's new Youth House, but they were eager to help make school bags too. As the bags were being sewn, UUCE members dropped off school supplies each Sunday after service at our project information table. Our Refugee Sanctuary group provided shopping lists with local pricing for best deals. We maintained a chart of donated supplies and listed those that were still needed.

Barbara Flitcroft's daughter and her Baby Bootcamp group donated supplies for 30 school kits. This generous offer allowed us to increase our project goal to 100 kits. In addition, UUCE's

Religious Education program wanted to get involved. On a December Sunday, two Spirit Jam groups of about 20 kids helped to assemble contents for 40 more school bags.

By the end of December, we had upped our target to 130 school kits, and a new wave of sewing commenced. In the meantime, Reverend Sydney, always supportive of the project as a whole congregation effort, proposed special Christmas Eve collections for the school kit fund. With those funds we purchased the last remaining supplies.

After Sunday service on January 7, we finished packing the remainder of the school supplies into their colorful drawstring bags. The completed kits were then packed up and delivered to the Eugene Mennonite Church in west Eugene to await transport to Hubbard, Oregon, then on to the next stage along their long journey to children in refugee camps. When I think of all the circles of people who found ways to be involved with our school kit project, I remember my husband's oft-repeated saying from our food co-op days: "Cooperation Releases Abundance!"

Jennifer Rowan-Henry



UUCE Outreach





2017 UUCE Service Auction

**It's time again to celebrate the Warmth of our Community ...
with the Summer of Love Services Auction!**

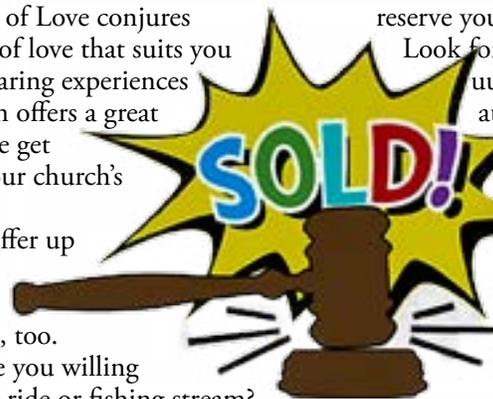


Regardless of what the Summer of Love conjures for you, you can create a summer of love that suits you and your family by buying and sharing experiences with others at UUCE. The auction offers a great opportunity for FUNdraising – we get to party and financially support our church's important work.

For starters – we invite you to offer up something for auction that gets you feelin' groovy! If it makes you feel good, others will enjoy it, too.

What's your signature meal? Are you willing to share your favorite hike, bike ride or fishing stream?

Do you love to dig in the garden, sew up a storm, or make



your own jewelry? Do you know how to tie-dye??? Your activities, meals and services for auction will be accepted up until 11 am on Sunday, March 4.

Next step - register to bid, and check out the online auction catalog, starting on March 25.

And finally - come to the auction at 5:00 on Saturday, April 7. Meet our auctioneer: the Love Doctor, our own Duana Welch. You can look forward to a healthful and tasty meal, a no-host bar and the return of the Dessert Dash! Child care is available – please reserve your spot so that we can plan for adequate coverage.

Look for the Auction table after services or visit the website at uueugene.org (click on "stewardship" and then "services auction") to get some ideas for auction items, fill out a donation form, or sign up to help at the event.

Send your questions to auction@uueugene.org Meanwhile, dig out your bell bottoms and love beads and get ready to join the party at 5pm on Saturday, April 7!

**Yummy, yummy, yummy,
I've got love in my tummy**

Judy Shaw

Anne and Connie Went to Cuba!

After discussing it for a couple of years, Anne Hohenemser and I decided to go to Cuba. We signed on with Soltura Cuba Tours in Portland. Although the GOP administration has made it once more impossible to travel from the US to Cuba as an individual, you can still go with an established tour company. Soltura is a tiny company that Anne found through its ad in UU World.

Soltura gave us a fascinating tour focused on arts and music. We toured art and history museums, visited an artist at home in an apartment crowded with canvasses of Cuban landscapes, partied at an art and culture center built out of shipping containers, and sat down for supper every evening with young artists and musicians. We were welcomed at community arts centers by children and their teachers, who were often

volunteers. We ate paella and flan at Ernest Hemingway's favorite restaurant.

Our guide was a Havana local, who was born in the 50s and grew up with the revolution. He was greeted by friends everywhere and knew the history of just about every building in the city, which was founded in 1519. Stories of his childhood and career as an interpreter in Soviet-allied countries are treasures we felt privileged to be given. I appreciated his candor and the opportunity to see Cuba through the eyes of a revolutionary.

Anne and I are going to show our photos of Cuba and talk in more depth about our trip on February 11 at UUCE after the service. Please come if you can!



At the street market in Trinidad



Connie Newman

Anne and Connie on the steps of Havana University

UUCE Outreach



Anne meets the master potter

Art Gallery Welcomes UUCE Erika Beyer

Erika works from her studio in Eugene, Oregon. She has an undergraduate degree in geology and graduate degrees in scientific illustration and architecture.

She grew up in Oregon and is enthusiastic about exploring the state's natural areas. The inspiration for many of Erika's illustrations comes from observing plants and animals near her home or while abroad. Things that she enjoys are: natural history field guides, traveling, good books, maps, work by other illustrators, backpacking, gardening, cooking and eating, and riding bicycles.

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UUCE Outreach



First Family UUCE 2018

If you were standing in our parking lot about 9 Monday morning, the 8th of January, you would have beheld mattresses hoisted on the shoulders of people streaming into UUCE. Becky, from First Family Place, deftly directed people, mattresses, bags of belongings and huge colorful dividers into the Chapel and Room 7. Through these efforts our rooms were transformed into living spaces for 7 families including 10 adults and 16 children, for the week of January 9-15. This complete change took just about an hour.

Later that afternoon around 4:30, volunteers from UUCE came bearing food, a toaster, milk and juice and goodwill. We began to assemble a dinner of minestrone, some of the best potato soup ever tasted, and sandwiches. Families, moms, dads and children from preteens to babes in arms began to arrive between 5 and 5:30. They all made their way into our building where they would be settled for a week. At six, everyone gathered in a circle in the Social Hall as Rev. Sydney thanked everyone, volunteers and guests, for joining together for dinner and to share hope that the world would soon see more joy, hope and safe housing for all. Volunteers served, and guests lined up for dinner. A number of guests chose to take half a sandwich during their first time through the line explaining that they wanted to be sure everyone had something to eat. Our volunteers had provided plenty; everyone was able to end dinner with an abundance of soup, sandwiches, fruit and dessert. They were subtly serenaded by a volunteer on an autoharp with endearing animals noises tucked into Farmer in the Dell. Each morning before 6 volunteers arrived to prepare breakfast. Guests were awakened to begin the day at 6:30; even the taxi driver who drove at night and one mom who worked the night shift in a convenience store in Junction City. During the

headgear. One balloon was festooned with its own hat. Smiles reigned as adults and children, guests and hosts, delighted in sipe pleasures. Yes, there was also cake.

Toward the end of dinner one evening I noticed the preteen lurking near the serving line with a plate that had already seen dinner. I asked if she would like more. She told me, sheepishly, she had finished seconds. I encouraged her to have more. Her concern was that everyone else, including those working in



the kitchen, had eaten before she had more. Once again, the generosity of UUCE provided everyone with plenty of dinner.

As I arrived at 5:45 on Monday morning of their last day, I noticed a Thank You card signed by all of our guests to UUCE. My heart was warmed on the beginning of this Martin Luther King Jr. holiday to note that our community had stepped up to make the world a little easier, if only for a short time, for this group of families who only want what we want: in this case, safe shelter. Thank you to everyone who helped make this week possible.

Janell Heidenreich – UUCE Board Vice President



UUCE Outreach

week we provided a combination of cold cereal, oatmeal, toast, bagels, fruit, pancakes, scrambled eggs and sausage. One guest remarked, “Real sausage!” By 8 each morning our guests were on their way; children off to school or Head Start and adults off to work or back to First Place for laundry, showers and filling out job applications.

One evening as we were waiting for 6 o’clock circle, Sarah Skochko asked me if I was busy. We were invited to listen to one of our young guests practice clarinet. Sarah and I were delighted to have a private recital for 15 or 20 minutes. Our guest seemed grateful to have a caring audience as she struggled to create middle C.

Both a younger and older guest celebrated birthdays while they were with us. Rev. Sydney asked a volunteer to go to Hirons for birthday favors. The evening was filled with joy as coned hats became not only hats but unicorn horns and a variety of other

First Place Family Week: Interfaith Night Shelter



The Interfaith Night Shelter program was launched 26 years ago by St. Vincent de Paul and the Eugene School District. About 30 churches and synagogues participate. Each opens its basement, parish hall, Sunday school rooms or other space to about 10 homeless families for a week or two. During those weeks members of each congregation make their house of worship into a place that's close

to a home as can be managed — a place of safety, comfort, nourishment and acceptance. Register Guard Jan. 3, 2018. UUCE has just completed its first week, participating in this program.

Last Spring, Janell Heidenreich told us that she had overseen this program at St. Marks for several years and was willing to help oversee our week. She even had menus that we could use. Justice Network agreed to take this on with the support of the Board. We met with Beckey Beck from First Place. She assessed our space and we were able to free up the chapel and Classroom 6. After discussion between First Place, Rev. Sydney, Katy Siepert, and our rental organizers, we agreed on the week of Jan 8-15. We chose to do an online signup and an opportunity to sign up after church which worked well. 72 volunteers filled 214 slots. First Place provided a morning van driver and one overnight. Janell came at 5:45 every morning to be a resource for the breakfast crew and before dinner, doing many "runs" for needed items, especially more milk. I came at 4:00 and stayed until 9:00 when the overnight crew arrived. Rev Sydney or Sarah Skochko gathered guests and workers before dinner in a circle of community. Hospitality folks and other volunteers held babies, played with children, read stories and chatted with parents during and after dinner.

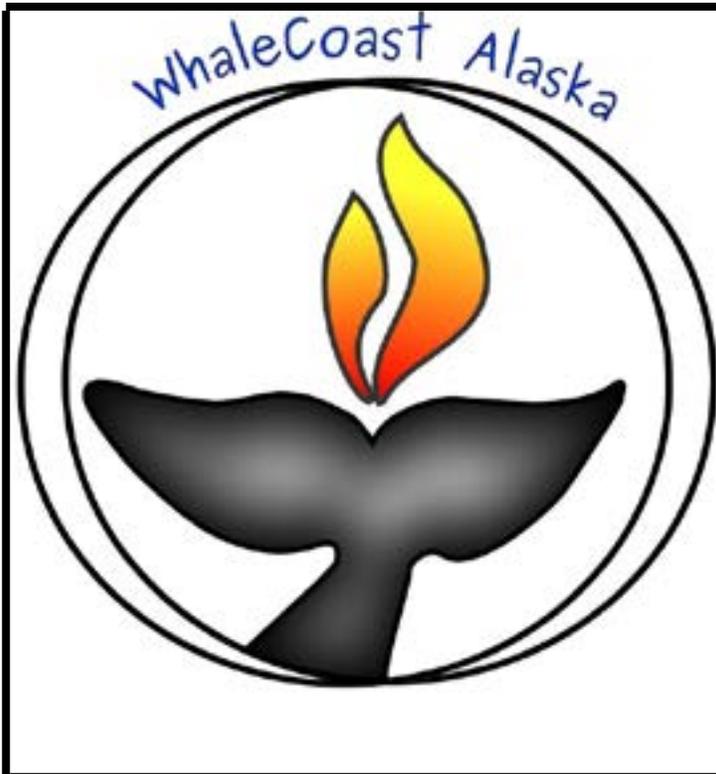
I want to thank all of our volunteers for making this first endeavor a rousing success. One of our volunteers asked Beckey Beck from First Place how she thought the week had gone. Becky said that the week was "amazing", that she was grateful that there were "absolutely no glitches", that the food was "outstanding", that our guests felt very welcome because lots of people talked to them, that the kids had a good time and that in her estimation it was one of the best weeks ever!

Bright Blessings to all,
Barb Prentice, Justice Network

UUCE Outreach



UUUCE Outreach



WHALECOAST ALASKA 2018

WOW! FOUR UNITARIAN UNIVERSALIST FELLOWSHIPS IN ALASKA INVITE YOU TO OUR AWE-INSPIRING, 25TH ANNUAL ALASKA TOUR PROGRAM.

TOUR #1: NATIONAL PARK TOUR, JUNE 9 TO 19 -- \$3,135

TOUR #2: ALL-ALASKA TOUR, JULY 6 TO 18 -- \$3,843

WHERE: FROM THE COASTAL WATERS TO THE SUNNY INTERIOR, FROM WILDERNESS TO MODERN CITIES. WE EXPERIENCE THE BEST OF ALASKA: FAIRBANKS, DENALI PARK, ANCHORAGE, JUNEAU, SITKA, SEWARD

SEE: -WILDLIFE: WHALES, SEALS, BEARS, MOOSE, CARIBOU, & MORE.

-GLACIERS, ISLANDS, FJORDS, AND MOUNTAIN RANGES.

-NATIVE AMERICAN ARTISTS AND DANCERS.

-ALASKA'S FINEST MUSEUMS.

-SPECTACULAR TRAVEL BY TRAIN, PLANE, AND BOAT.

STAY: REAL ALASKA! UU HOMESTAYS,

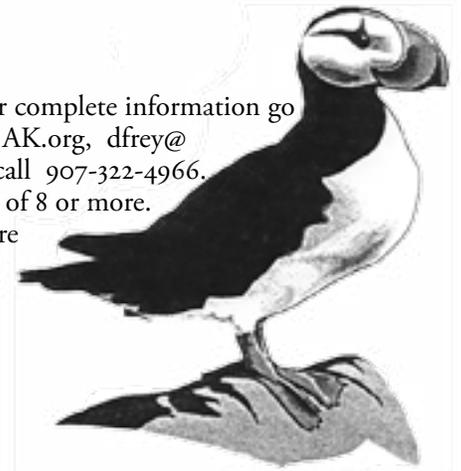
UUUCE Outreach

WhaleCoast Alaska 2018

Have you ever dreamed of visiting Alaska? If so, WhaleCoast Alaska 2018 is for you! Four Alaska UU fellowships invite you to experience our eco-cultural and spiritual program this summer. See Alaska through the eyes of local UUs, with friendly homestays and unique tour activities. See wildlife, including moose, bears, caribou, whales, bald eagles, seals, and otters. Visit Denali National Park. Experience Native Alaskan culture. Forget the cruise ships – our program is the best way to visit Alaska! Tours led by Dave Frey, member of the Fairbanks UU congregation and Alaska travel expert. Find out more about this Alaskan

trip of a lifetime. For complete information go to: www.WhaleCoast AK.org, dfrey@whalecoastak.org or call 907-322-4966.

Discount for groups of 8 or more. We would love to share our Alaska with you!



Community Offering for February

Our February Community Offering will be given to CAHOOTS: Crisis Assistance Helping Out On The Streets. You may have seen the CAHOOTS van around the Eugene-Springfield Metro area. For decades, with a proven record of effectiveness and cooperation, CAHOOTS has been filling (some of) the gap between police services and other community resources. CAHOOTS provides immediate stabilization in case of urgent medical need or psychological crisis, assessment, information, referral, advocacy and (sometimes) transportation to the next step in treatment. They can help with a broad range of non-criminal crises and community disruptions, including homelessness, intoxication, disorientation, substance abuse and mental illness problems, and dispute resolution. Non-Emergency medical care and first aid are regularly provided. CAHOOTS helps tremendously with our overburdened public safety and health care systems.

Each team consists of a medic (either a nurse or an EMT) and a crisis worker (who has at least several years experience in the mental health field). The service has been funded by the cities of Eugene and Springfield, who pay salaries and vehicle expenses. Our donation on February 18 will help provide basics which are considered extras in this context: food, dry socks, hygiene products, etc.

Your generosity is, as always, greatly appreciated.

In December 2017 we raised \$1,160 for Community Supported Shelters.

Gretchen Miller



UUCE Outreach

Food for Lane County Food Rescue Night Thursday February 22 from 6:30-8:45 Food for Lane County facility at 770 Bailey Hill Rd

Did you know that 36% of food box recipients water down their food or drinks to make them last longer. Here's one way you can help. We meet to repackage food donated to those in our community who are experiencing food insecurity. Volunteers must be at least 14 years old OR 12-13 if accompanied by an adult. Wear a hat/ponytail and closed toe shoes. Contact Berry Broadbent, Justice Network, at 541-344-9037 or hunger@uueugene.org <<mailto:hunger@uueugene.org>> OR JUST SHOW UP!

Don't forget our FFLC donation barrel at church, which is now located across from room #1 at UUCE.

