

UUCEConnections

Volume 20
Issue 3
March 2016



Phil Bertrand, Justine Enes, Berry Broadbent, Nadja Sanders

Earth EqUuity Food Team Launches New Program

Message from the Minister



Community. Somewhere, there are people to whom we can speak with passion without having the words catch in our throats.

Somewhere a circle of hands will open to receive us, eyes will light up as we enter...

Community means strength that joins our strength to do the work that needs to be done.

Arms to hold us when we falter. A circle of healing. A circle of friends. Someplace where we can be free.

I have always felt moved by these words of Starhawk's, as she offers us a vision of the best sanctuary community can offer. We covenant here to forge from our hearts and minds, our hands' best efforts, a way to be a people of faith. Being part of this interdependent community gives so much in support and joy, and yes, also in the deep feelings of sorrow as this time when we have lost precious members. For community also asks of us that we show up faithfully to one another and our values, through

the good times and the sad. I hope that you will find a way, without being overwhelmed, to come to the services over the spring: for dear Joy, for Kitty, for Dirk and Chuck and later for Jeanne. These events invite us on a pilgrimage of presence. Some you knew and loved. Some were honored members from the past who made this congregation possible. Some were present in the life of the church, gifts of texture and fabric of our interwoven life. We are joyous together and we weep together. This is our deepened, reverent and meaningful life as a community.

Since "spring has now un-wrap'd her flowers" inviting us to lift our hearts in our springtime renewal Easter service, immerse ourselves in the beauty of nature, and bring renewed commitment to the promises and people we hold dear.

It is a joy to be in this journey with you,
Rev. Sydney

March Worship

As a people of faith, grounded in our principles: we cultivate lives of meaning, reverence and depth; we create sanctuary where all hands are held; together we act toward justice, healing and sustainability. These aspirations have framed the themes of our worship year: in March our focus is how "we create sanctuary."

March 6th As the earth moves towards spring and greater sunlight, some civilizations use poetry to mark this time of change. Our service uses the poetry of Gloria Anzaldúa as beads of inspiration for the borders between the seasons and the soul. However when we live in the borders of our lives where we go for sanctuary is often tricky. So together we will explore how to live fully into our edges. Kimberly Wootan

March 13th Sanctuary, Safe Harbor and Utopia The relationship between religious space and the sense of sanctuary have made a difference to people through the ages, and to our current UU perspectives.

March 20th Beloved Community in Oregon Guest Speaker, Rev. Katie Larsell seeks sanctuary in justice for all through the group Oregon UU Voices. Rev. Larsell will draw the connections between actions and visions of UUs all over the state. Rev. Sydney will reflect on a particularly Oregonian UU identity, and that of the UU Pacific Northwest. This service will also include an induction for two new Pastoral Associates.

March 23rd Wednesday evening Tenebrae Service. This traditional service in which candles are put out one by one, deepening into darkness with reading and song, commemorates the Christian story. As we move together into darkness, we can find mourning, loss and the rich fertile earth of replenishment.

March 27th Spring and Renewal will celebrate in song and merriment in this annual multi-generational Easter Service. Easter egg hunt afterwards!

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Message from **the Board President**



Spring is the season of new life, of growth in earth and in spirit. This is the season of Equinox and of Easter, the time of the year when we celebrate the return of light and warmth.

Everything changes in March. Roots push deeper, leaves unfurl, animal babies are born. Look around, you'll see life changing all around you.

Embrace it, welcome it, take this chance to live into UUCE's mission of love and transformation.

As a beloved community, UUCE challenges us to grow in our faith. By supporting UUCE, we give voice and renewed vigor to our liberal religious movement here in Eugene. It's important for us to be heard. There are people in our town who've not yet found a nurturing spiritual community, and it's our job as a congregation to make a sound home for them. How do we do that? Here are three ideas...

First, we strengthen our church! We can say "YES!" when asked to support UUCE with our time, talent, and treasure. We share in meaningful work, transformational work happening in our Religious Education rooms for youth and adults, the parish visits to elders, the music that feeds our souls.

We also lift up the memories of those elders who've loved and left our congregation. This kind of change is hard on us all, but coming together in remembrance deepens our connections.

Finally, as UUA Moderator Jim Key reminded us during his February homily (in our very own church!) we can spread the message about our religious movement. Not only is it okay to share in our UU identity, it's fantastic. When we share at the cash register or with the person next to us on the bus, we open a door. When someone asks, "What does it mean to you to be UU?," we can give the long answer.

We are a gentle, angry, justice-seeking people, young and old together, gay and straight together, in a land of many colors. And we are singing for our lives.

With Bright Hopes,

Sarah France
UUCE Board President

March Quick Calendar

Viva Viols! Music Soiree with Tom Sears
Saturday, March 5, 3pm, Chapel
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Better health at lower cost:
What's a community to do? The
Social Determinants of our Health
Speaker: Joshua Freeman, MD
Thursday, March 10th,
7-8:30pm, UUCE
[page 15](#)

Service in Action Meeting
Speaker: Rev. Katie Larsell
Thursday, March 20, 11:30am, Rm 6
[page 19](#)

Meditation in Chapel
Mondays, 5-5:45pm
[page 7](#)

Earth EqUity
Presentation
Our Water Odyessy by
Wayne Parker
Sunday, March 6, 11:30-12:15,
Chapel
[Page 19](#)

Death and Dying
Discussion Group
Begins Thursday, March 24, 6:30-
8:30pm UUCE
[page 9](#)

Refugee Crisis Task Force
Sponsors Discussion of Islam
Sunday, March 6, 4pm, Rm 7
[page 10](#)

Celebration of Life
Kitty Giordano
Friday, March 25, 6-9pm,
UUCE
[page 27](#)

Celebration of Life
Joy Hainsworth
Saturday, March 19, 3pm, UUCE
[page 26](#)

Healthcare For All Oregon Meeting
Tuesday, March 1, 7:00-8:30pm
First United Methodist Church, 13th & Olive, Eugene
[page 18](#)

Touch Justice Meeting
Sunday, March 20,
11:30am-12:30pm, Rm 1
[page 14](#)

Easter Egg Hunt
March 27th after Service

UUCEWorship



Music Matters

On **Saturday, March 5 at 3:00pm** Viva Viols! members Darlene Tillack, Tom and Elnora Sears will present an informal soiree of music from the late middle ages and renaissance played on viols and recorders. The composers featured include Dufay, Byrd, Bull, Morely and others in a program of fantasias, part-songs and dances. The program is free and will be held in UUCE's Chapel.

The Sanctuary Choir is working hard on the Missa Brevis Pro Serveto, a Mass for Unitarians, which we will present at **Music Sunday on April 17**. The choir will be accompanied by a 7-member chamber orchestra. The text is written by Unitarian minister Rev. Frances Dearman, with music by Canadian composer Tobin Stokes.

The women's Chalice Choir and the Chamber Singers are also preparing a special music event. On **Saturday, May 21** the choirs will join forces to present "A Tribute to Broadway" featuring medleys from Les Miserable, and Phantom of the Opera, among other Broadway gems.

In Harmony,
Tom



UUCE Worship

Notes from Your Intern Minister

As spring reaches our northwest corner of the world I am reminded of how much our natural surroundings influence our Unitarian Universalist religious sensibilities. Flowers are gathered and left in the kitchen or on the chancel. “Extra” food from gardens is shared among congregants. Walks around the building are taken among the staff and the building and grounds people in the hope of improving outdoor spaces.

Our natural world is beautiful and sharing it with one another is a blessing. If you would like to share a short walk, a favorite plant or a cup of tea outdoors please make an appointment and I will gladly oblige.

I now have a new email address: kwministries5@gmail.com. The church address has been causing me problems so PLEASE do not email me at the old address. You can't be sure that I will receive it and I would like to make sure that I reply to you in a timely manner.

Kimberly Wootan



UUCE Worship

Contemplative Practices
Mondays, 5:00 - 5:45 in the Chapel

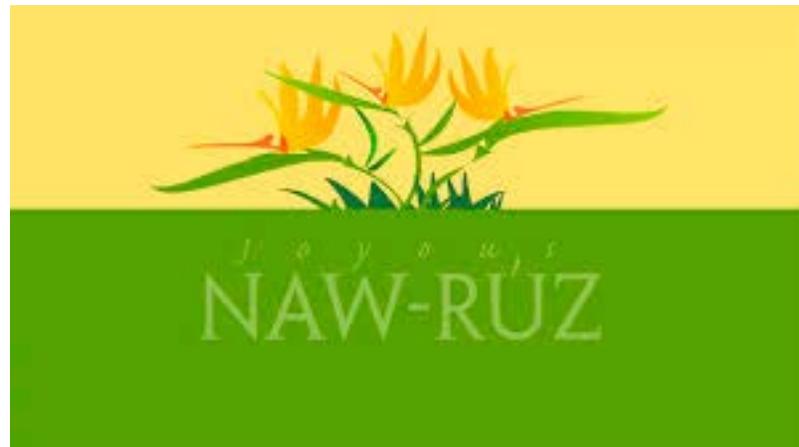
Spring is a time of new beginnings, a time when Pagans celebrate the spring equinox, Christians remember the death of their prophet Jesus and Jews celebrate Purim which commemorates the saving of the Jewish people from Haman, who was planning to kill all the Jews in the ancient Persian Empire. Hindus bring color into the world during Holi, the Baha'i celebrate the New Year, and the Buddhists honor Magha Puja day.

March marks the subdivide in the time it takes the earth to revolve around the sun and people around the world mark this important event with fasting, food, music, dancing and ritual. For us Unitarian Universalists we honor the diversity of celebrations with our own practices of contemplation, song and ritual.

March 7 Maha Shivaratri is a Hindu festival celebrated annually in reverence of the god Shiva. It is the day Shiva was married to the goddess Parvati. The Maha Shivaratri festival, also popularly known as 'Shivaratri' or 'Great Night of Shiva', marks the convergence of Shiva and Shakti. Please join us as we sit together and learn about the Maha Shivaratri festival through readings about the union and the music of Deva Premal reflecting the beauty and wonder of the celebration.

March 14 Magha Puja day is considered one of the most important Buddhist celebrations. It refers to the worship that takes place on the full moon of the third lunar month (about the last week of February or early March) to commemorate the day on which Lord Buddha recited the "Ovadha Patimokkha" (the Fundamental Teaching) to his disciples. In honor of this day we will do a walking meditation with lit candles to reflect on the guidance and wisdom of the Buddha.

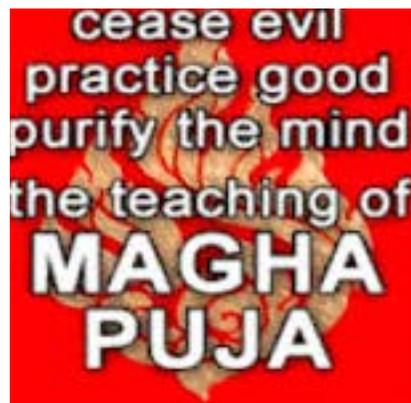
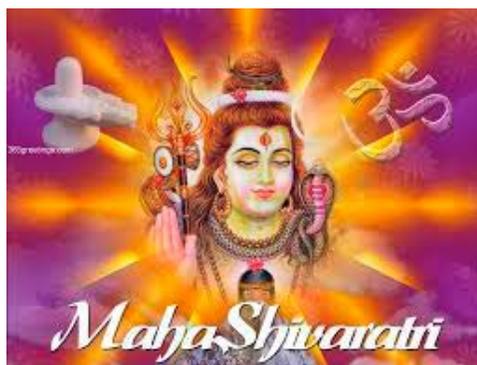
March 21 Naw-Rúz is a festive event observed to celebrate the Baha'i New Year. Please join us as we appreciate the New Year by learning about the The Baha'i Faith, a monotheistic religion which emphasizes the spiritual unity of all humankind. Our meditation will reflect on the spiritual teachings of the faith as we share in the unity of humanity as expressed in the teachings of The Baha'i.



March 28 Easter marks a time to contemplate death and what's next. For this contemplation we will look at a teaching on death from Sogyal Rinpche's Tibetan Book of Living and Dying.

In addition to the contemplative practices on Monday evening we will be offering a monthly workshop to supplement our practices.

Thursday, March 10th at 5:15 we will discuss readings from *Cutting Through Spiritual Materialism* by Trugpa Rinpoche and Thomas Merton's *Thoughts in Solitude*. There will be a brief presentation and then a full discussion on the ways we get sidetracked in our culture by "stuff" - either material, religious or ego. Tea will follow for a time of hospitality.



UUUCE Connecting

UUUCE Religious Education

Coming Up In RE

Easter Celebration

March 27, after Easter Service

Easter offers us an opportunity to worship together in reverence and awe for the mysteries of life and rebirth. Come and enjoy the intergenerational service with the whole family, and stay after service for the annual Easter “egg” Hunt. Crafts, games, and prizes for children and youth – and good fun for adults, too!

Passover Seder

Thursday, April 21

Join us for the second annual UU Passover Seder meal. Everyone is welcome – there is a seat for all, and one for Elijah, too! More details will be coming out in April newsletter

Coming of Age Credo Celebration

Saturday, June 4, 4:00-6:00

Please mark your calendars and plan to attend this celebration of life’s unfolding. The youth who have been participating in Coming of Age will present their credos – the statements of what they set their hearts to – at this celebration service. Together we will explore what it means to come of age, to come into your own, and to come to understand yourself.

Adult RE

Beginning in March, we offer you the following courses:

End of Life Course

Wednesday mornings, beginning March 2, 10 am – 12 pm

Adult Education/ Pastoral Care Team will offer the End of Life Course March 2, 16, 23 and 30 and April 6 and 20. Look for sign up in the front hall or you can sign up by email. The class is limited to 15, and is only open to people who have not taken the class before. The objectives are to encourage and help participants take steps to ensure their end-of-life arrangements will be carried out in accord with their preferences and to encourage and help participants to take steps that will guide their survivors and make their responsibilities easier.

The six sessions will deal with spiritual, legal, medical, and practical aspects of planning for the end of life. Participants will hear from attorneys, funeral directors, hospice and compassionate choices experts, and the Rev. Sydney Morris.

If you would indeed behold the spirit of death, open your heart wide unto the body of life.

For life and death are one, even as the river and sea are one.—Kahlil Gibran

Death and Dying Small Group Ministry

(See details next page.)



RE classes illustrated their covenants with each other in banners

Spring Term:

For our spring term classes, look for the Spring 2016 Adult RE pamphlet, coming to you in mid-March. Some upcoming class titles include:

- The Leadership Series
- Building the World We Dream About
- Music as Spiritual Practice
- A UUnique History

Katy Siepert

UUCE Connecting

There is still room in the Adult Education Death and Dying Small Group Ministry

Thursday nights from 6:30-8:30pm starting March 24.

This program uses the small group ministry model to facilitate a process of personal reflection, learning, and spiritual growth focused on the topic of death and dying. It brings death, dying, and grief into the light of our daily lives and out of the dark, macabre recesses to which we often relegate it. The program is not a grief support group, nor is it an intellectual study of death. It includes sociological information and reflection, theological reflection, personal and shared narrative, creative expression, and journaling. It helps participants move from viewing death as an abstract concept to developing a personal recognition of its meaning in their life, with the goal that all who participate in the program find a closer and more comfortable relationship with their own inevitable death. This program invites participants to experience death and dying as a healthy part of life, including the preparation, the moment of death, the grieving, and the living on.

The class will meet Thursday nights from 6:30-8:30pm for 6 sessions at 2-week intervals starting March 24, with subsequent sessions on March 31, April 14, April 28, May 12, and May 26.

Look for sign up in the front hall or you can sign up by email. For information, contact co-facilitators Dick Loeschler infoSGM@uueugene.org or Kimberly Wootan at kwministries5@gmail.com



Pastoral Associates

It is with great pleasure that we will be holding an induction for our two new Pastoral Associates Phyllis O'Neil and Peter Powers. Please join us for their induction **March 20th** during the service.

Kindness Team Orientation

The Kindness Team will be holding an orientation **Sunday, April 17th**. We will introduce you to the role that this group will play in the overall Pastoral Care of the congregation and answer any question you may have about the commitment of time, talent and screening.

This group will be in charge of coordinating rides, running errands and providing transportation to the store, the hair salon, the pharmacy and to medical appointments. They may bring a dinner or babysit a child or elder family member. They may bring over medical equipment to use or help some shave their face.

We are a community of volunteers and the services we can perform will be in direct correlation to the number of volunteers that we have on hand.

This is rewarding work. In many cases, strong personal ties develop and the volunteer becomes an integral part of the person's support system. Congregants desire and cherish trusted companions who consistently visit and care about them. So please take the time to fill out the survey online and please feel free to ask about volunteering in our program. Here is the link:

<https://www.surveymonkey.com/r/YT7D6X9>

If you have any questions or would like more information please contact anyone of us on the Pastoral Associate Team:

Kimberly Wootan kwministries5@gmail.com

Sally DeCou sdecou@comcast.net

Janice Rutherford jwruther@comcast.net

Charlotte Writer cd_writer@msn.com

UUUCEConnecting

Islamic Scholar To Lead Discussion **Sunday, March 6, 4pm, Room 7**

The UUUCE Refugee Crisis Task Force will be hosting a guest speaker on Sunday, March 6, in hopes that a nuanced and historically grounded view of Islamic identity will help us better understand the issues and concerns of present day Muslims.

Our speaker, Lisa Balabanlilar (history.rice.edu/faculty/lisa-balabanlilar), is an associate professor in the History Department at Rice University in Houston. Dr. Balabanlilar will engage in an informal talk and conversation about the origins of Islam, its central beliefs and tenets, the reasons and impetus for Islamic expansion, and contestations of belief within the Muslim community. In particular, she will describe the historical evolution of Muslim identity and practice.

We will meet at UUUCE in Room 7 at 4pm for discussion and conversation with time for questions. Tea and light refreshments will be served. Space will be limited to 25. Contact Jennifer Rowan-Henry at jenrowan@yahoo.com.



UUCE Connecting



Youth Art Show 2015

Our 2nd Annual Youth Art Show

The show will feature work from our own UUCE students, as well as art from Oak Hill School, Cottage Grove High School and Roosevelt Middle School. One unusual piece will be by a 10-year-old Unitarian who drew a farm scene from Hood River in 1889. Please celebrate kids in our area by dropping by and taking a look at the show.

Scott Hovis
scotthovisfineart@gmail.com

UUCE Outreach



Community Offering

Vet LIFT offers homeless military veterans the housing and guidance that can help them identify and achieve a better future. The program, part of St. Vincent de Paul, will receive our March Community Offering.

We'll hear more about the program from one of our congregants who benefitted from being part of it. Vet LIFT

provides housing for more than 50 veterans. The program helps participants identify goals focused on the most important aspects of their lives, providing stable housing, increasing income/job skills, and achieving greater levels of self-determination.

Read more about Vet LIFT at <http://bit.ly/rVisZKv>.



Our February offering of \$1205 was given to the Lane County NAACP for its ACT SO program. You can see the entire list of past recipients by visiting uueugene.org/outreach/community-offering. Thank you, everyone, for your on-going support!

Our April Community Offering will be dedicated to Tom Sears and his service to the music program with our church. We have been fortunate to have his talent with us all these years and as a gift to him, the Community Offering Committee asked Tom where he would like to donate the 3rd Sunday offering. Tom responded with a request that we donate the funds to putting paneling on the choir wall which will improve both aesthetics and acoustics in our church. This request will leave a lasting improvement on our church's music program and be a wonderful memory of his years of service. The 3rd Sunday offering for April will take place on April 17th, as a part of Music Sunday.

Thank you,
Katy Colburn



UUCE Outreach

It was a good Day -- February 3! Rally at the Capitol!

We asked and you came!

It was a rainy Wednesday, in the middle of the day, and still the number of UU's at the "Healthy Climate Rally" at the Capitol was strong. We make a vibrant crowd when we all turn out.

We couldn't get them all in one picture (some spoke of herding cats)! This shot captured perhaps a third of the UU's at the rally. I saw UU's from Salem, Eugene, Corvallis, Eastrose, West Hills, WyEast, First Church (Portland) and Ashland! Let me know if I left anyone out.

The Rally got things going, -- but many UU's stayed and talked to their legislators, -- impressing them with the message that we want climate-change legislation NOW!

Ecumenical Ministries of Oregon and OLCV organized the rally, talks with legislators, and the morning Prayer into Action interfaith service.

Rev. Katie Larsell



UUUCE Outreach

Touch Justice

Sunday, March 20, 11:30am-12:30pm, Room 1

Want to address the causes/systems of inequities in this country? Want to change the volume of money that overrides the democratic political process and opportunities for all? Have skills and patience to do web searches for information on other UU congregations in other States, that are willing to join in work to add an amendment to the US Constitution? A UUCE committee, TOUCH JUSTICE, with specific focus on the causes/systems of injustice is forming.

Mission: To evoke equity in political, economic, legal, and human rights arenas.

One Foremost Goal: To over-turn 'rights-as-people' for corporations and money (Citizens United).

One Foremost Objective: To prompt an amendment to the US Constitution via 2/3 of States convening a US Constitutional convention, (per Article V of the US Constitution) so to constitute that corporations do not have the constitutional/legal rights of human beings, and the use of money does not have the constitutional/legal rights of speech.

A new Measure for States to add an amendment to the US Constitution to over-turn 'rights-as-people' for corporations and money, has already been submitted for legal review. The next step is to find more UUs in other States willing to join. Come to a Touch Justice meeting on Sunday, March 20, 11:30am-12:30pm, at the church, room 1; we'll create a new working committee for justice, which will address the causes/systems that have allowed inequities already existing in our society. Have questions? Contact Diane Conrad mydiane@q.com 541 942 6113



UUCE Outreach

**The City Club of Eugene &
Oregon Physicians for a National Health Program present:**
Better health at lower cost: What's a community to do?
The Social Determinants of our Health
Joshua Freeman, MD

Thursday, March 10th, 2016
7:00 pm to 8:30 pm
Unitarian Universalist Church in Eugene
1685 W. 13th Ave, Eugene

Better health begins before a patient ever sees a physician or enters a hospital. Housing, food, education, employment and other social factors play a massive role in the cost of healthcare and the ultimate health of our community. What can be done in Eugene to improve public health and reduce healthcare costs in our community?

Dr. Joshua Freeman, Chair of Family Medicine at the University of Kansas Medical Center in Kansas City, Missouri will discuss what non-physician civic leaders should think about to create a healthier community and reduce the costs of healthcare. Dr. Freeman will allow ample time for audience questions and comments.

For questions, contact: City Club of Eugene, Mark Hougardy, Administrator, administrator@cityclubofeugene.org (541) 485-7433 www.cityclubofeugene.org or Oregon PNHP, Samuel Metz, MD, (503) 754-1329 pnhp@samuelmetz.com



Dr. Freeman is the author of the book "Health, Medicine, and Justice" and maintains the blog "Medicine and Social Justice" www.medicinesocialjustice.blogspot.com. He speaks extensively about medical education, minority recruitment, and the contribution of social factors to public health.



UUUCE Outreach



THAT'S MY FARMER



17th Annual Celebration

**BRINGING FOOD HOME FOR
ALL THE PEOPLE**

Thursday, April 14, 2016 6:00 to 8:00 pm

First United Methodist Church

1376 Olive Street (Eugene)

\$5—\$500 donation at the door

All donations go directly to the

LOW INCOME FUND

subsidizing food shares for those who can least afford them.

(\$500 a season will buy one share for a family)

Delicious seasonal snacks provided by

Community Supported Agriculture (CSA)

Farmers & a Community Supported Fishery (CSF)

& Faith Community members!

Door prizes!

For more information, call 541-607-0106

UUCE Outreach



Green Your Easter Baskets

Easter is this month, and the stores are already stocked with lots of plastic---eggs, baskets, grass, etc. Here are some ways to avoid buying plastic items and to use earth-friendly materials. Of course, the best idea is to reuse what you have, and then the save items for next year also.

1. Use a decorative cloth bag instead of a plastic basket. If you want to use a traditional basket, choose baskets made of natural materials or fair trade certified baskets. You also might be able to use these baskets after Easter for other uses.

2. Give your children a set of child's garden tools, seeds or other gardening supplies.

3. Instead of plastic grass, fill Easter baskets with biodegradable, sustainable materials that can be composted. You could even shred up the Sunday funnies or colorful catalogues.

4. Make your own treats for the basket, and include some bunny food---vegetables and fruits.

5. Dye eggs using natural dyes. Mix a tablespoon of white vinegar per cup of boiling water and add onion skins (yellow), red cabbage (light purple) shredded raw beets (deep red) spinach (light green) coffee grounds or tea (brown). Have your children come up with some of their own ideas of what might dye the eggs. This is a good science investigation.

6. Try blowing some eggs so they can be kept for future years.

7. If you include gifts in your Easter baskets, plan the gifts around your child's interests---a game, art supplies, a book, etc.

And finally, share the meaning of Easter by sharing your Easter celebration with others. Consider inviting families from other countries to join you.

Provided by Interfaith Earthkeepers of Lane County

UUUCE Outreach

Health Care for **ALL** Oregon

Health Care For All Oregon

Tuesday, March 1, 7-8:30pm

First United Methodist Church, 13th & Olive, Eugene

HCAO will mount a vigorous campaign to educate and recruit wide public support for universal publicly supported health care for Oregon, culminating in ballot measure success in 2018-19 and law by 2020. The thrust is on fundraising and expanding our support base over the period to 2020. It has been determined HCAO must gain recognition over Oregon in order to succeed at the ballot box.

Our focus locally will be to develop a group of volunteers to staff informational tables at local events, host house parties to show films and videos, present local speakers and recruit community activists. A speakers bureau is developing. We will be tabling here in the Eugene area at local churches and at the upcoming PIELC (Environmental Law Conference) at University of Oregon on March 1,2,3.

A new video, "Fix It, Health Care at the Tipping Point" is now available. A compelling presentation on the case for Single Payer advantage for small business, we are now arranging a public showing in May at the Bijou Theater, Eugene. A very successful showing of "The Health Care Movie" at the same location was sponsored by HCAO two years ago.

Eugene Chapter is circulating petitions to the Eugene and Springfield City Councils asking for resolutions supporting universal publicly supported health care.

Our greatest need – Volunteers! A successful campaign to make single payer health care a reality in Oregon by 2020 depends on all of us.

Next meeting: Tuesday, March 1, 7-8:30pm at First United Methodist Church, 13th & Olive, Eugene. Join us.

Food Rescue Night Thursday March 24 6:30-8:30 770 Bailey Hill Rd.

UUUCE has made a commitment for at least 6 volunteers for our monthly evening at FFLC. We meet to repackage food donated for those in our community who are experiencing food insecurity. Wear a hat or ponytail and closed-toe shoes. Volunteers must be 14 or older or 12-years-old accompanied by an adult. Contact person is Berry Broadbent, Service in Action, 541-344-9037 or berrymbroadbent@gmail.com.

The "requested food" for the FFLC barrel is cooking oil, which includes vegetable oil, canola oil, olive oil, etc. All food donations are welcome as long as the food items are conventionally packaged and no expired or opened food containers. The FFLC barrel at UUUCE is located at the north entrance. Be sure to check out our FFLC bulletin board also located at the north entrance.

Thank you,
Berry



UUCE Outreach

Service in Action March Meeting

March 20, 11:30am, Rm 6

Rev. Katie Larsell will be our most welcome guest at our March SIA meeting. She will talk about the three issues that we are pursuing with Oregon UUVoices for Justice statewide. We are one of twenty-one congregations that make up OUUVfj. Rev. Larsell became our Executive Director of OUUVfj last fall, and has helped so much to guide us in a positive direction for Social/Environmental

Justice. Following her presentation, we will have a short SIA business meeting. All are welcome. YOU are such a great part of our outreach mission here at UUCE. Do join us with your thoughts and ideas. For more information, contact Sue Craig at sia-gen@uueugene.org or 41-607-0204.

Our Water Odyssey

Sunday, March 6, 11:30-12:15, Chapel

You are invited to the Earth EqUUity Food Project presentation, "Our Water Odyssey" by Wayne Parker. Wayne's presentation will be a short history of water including the science, the spiritual and the political, from its origins on Earth four billion years ago up until the Flint, Michigan, situation. Wayne will relate stories from his time as a raft guide and a lifetime of canoeing and kayaking. If you haven't yet met him, this is a wonderful opportunity to meet UUCE's Business Manager as he shares his personal passion for clean water.

Earth EQUity Food: Nourish Others and Ourselves/Sustain The Earth

This is a church-wide initiative linking social and environmental justice. Our focus for February and March: Water and Waste. We invite you on a learning journey with the congregation. Join in a variety of ways! Feel free to stop by the Earth EqUUity Food: Nourish Others and Ourselves / Sustain the Earth table in the south entry and visit the Earth EqUUity page on the UUCE website.

Thank you!

Justine Enes,

EEFood@uueugene.org



UUCE Outreach



UUCEers learn about waste management at local landfill.

Earth EqUUity Food: Nourish Others and Ourselves / Sustain the Earth

Healthy Soil, Healthy Water, Healthy Air = Healthy Food = Healthy People. Treat all with care, mix thoroughly and distribute widely. (Social & Environmental Justice) Be grateful for the diversity of those around you. We have so much to learn from each other. Collectively, each in our own unique ways of being can transform ourselves and those around us.

Let the sun in our hearts, Soular Energy, reach out and realize that all our small acts of love and caring in our everyday lives

add up and transform our social connections and the environment around us.

The church-wide Earth EqUUity Eugene Food project is off to a great start. The energy generated by the invitations to participate in ways that best fit your needs and life style have been, how can it be said, ... empowering.

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UUCE Outreach



Jean Cottel explains the ins-and-outs of recycling

Over 40 people attended the Food Waste Recycling presentation. Thank you to Jean and all who attended. At the end of the presentation every hand shot up when asked who has learned something today.

If you have access to the web either at home or at the public library, check out the link at the at the end of this article if you haven't already. It contains the list of links and activities you are invited to take part in. And, there is more to come in the next few months as the project organically grows. (Just like good food.)

I love some of the quotes coming in already: *"I think I indulge in a lot of wishful recycling."* Regarding if certain food

containers are recycle or garbage, *"If in doubt, throw it out."* *"We totally changed our recycling system at home after the presentation."*

And to those who went on the field trip to Glenwood Recycle/Waste Disposal (previous page) comes an insightful quote from one of our younger members: *"It was gross, stinky, but I learned a lot."*

The Earth EqUUity project for all has a table in the South Entry right after the Sunday Service each week. Join in serious conversation and laughter as we move together in our diverse journey to the same goals, Social and Environmental Justice.

Direct link to the Earth EqUUity Food web

<http://uueugene.org/earth-equity/>

Earth EqUUity 2015-16

Earth EqUUity Food: Nourish Others and Ourselves / Sustain the Earth

We are called to witness our faith as Unitarian Universalists by acting together linking environmental justice with social justice. Contact EEFood@uueugene.org

Our mission statement states that "Empowered by love, we transform ourselves and serve our world." The Earth EqUUity Food planning group has kept this front and center as we worked together to develop this church-wide justice project. We invite you on a learning journey with us – raising awareness, changing personal habits, making improvements in the operation of our church building, deepening our spiritual practice, increasing our connections, and making a difference in our community.

UUUCE Outreach

Recycling Rules!

Recycling Rules! At her February 7 presentation, Jean Cattel of Lane County Waste Management offered plenty of tips for novice and experienced recyclers alike:

1. The rules change. Successful recycling is market dependent, and markets for recyclable materials change frequently. Just because a container is marked “recyclable” doesn’t mean it can be recycled here. Put it on your calendar every six months to update your knowledge about what is currently recyclable in our area.
2. If in doubt, leave it out! Counterintuitive though it may seem, the most eco-friendly move is to throw away anything you’re unsure about, especially in a co-mingled system. That’s because a bale half the size of our chapel will go to the landfill if even a small piece of non-recyclable material is found in it. You can always call Lane County at 541-682-4120 with your questions before throwing it in the trash.
3. Think – and act – beyond curbside recycling. The Lane County Transfer Station can accept many more items for recycling because they can be separated before entering the “treatment stream.” Up-to-date descriptions of recyclables are available on the Lane County Waste Management website.
4. Recycling is a balancing act: Is it worth using the water needed to prepare materials for recycling? Try cleaning your recyclables last when washing your dishes. If your dishwasher is not quite full, fill in with recyclable containers on the top shelf and stop before the dry cycle.

Specifically regarding food packaging, Jean offers these tips:

1. When recycling bottles with a plastic lip (such as oil and soy sauce bottles), use a can opener to pop out the plastic lip. (Rinse bottles with vinegar, a tiny squeeze of soap and water.)
2. To recycle metal tops from bottled sauces or lids from cans, designate one can to hold the tops and squish the can to thoroughly enclose the caps and keep them from moving. (They are otherwise too small to be sorted by machine and can hurt people and cause equipment malfunctions.)
3. Check loose hanging labels or tags to see if they meet the “shine” and “tear” tests. Some are plasticized, will have a shiny appearance and will not tear easily, and

should be thrown away. If it’s recyclable paper, it will tear easily, even if it has a shiny surface.

4. Plastic film with numbers 1, 2, 3, 4, 5 and 7 can be recycled at the transfer station. Curbside recycling is more restrictive.
5. Plastic tubs must be at least as large as a small yogurt container. Your vitamin or medicine bottle can be recycled so long as it is at least that large.
6. Containers from “deli” foods – even those marked as recyclable – should be thrown away. That means clamshell style plastic cases, plastic coated paper boxes, large lettuce tubs, pizza boxes and anything that fails the “shine and tear” test. Any food contamination means the item should not be recycled.
7. Remove plastic tape (or tape with plastic filaments) from otherwise recyclable cardboard boxes. The tape goes in the trash, the box can go in the recycling.
8. Egg cartons – cardboard, not Styrofoam – can be recycled so long as they are not contaminated by broken eggs.
9. Beware compostable packaging – though some is safe, much of it just doesn’t break down quickly or even toxifies the soil that it breaks down in.

Jean emphasizes that recycling is all about “downstream thinking.” Even more eco-friendly is “upstream thinking” – that is, asking “How are we creating so much recycling to begin with?”

Some suggestions: don’t buy products with a lot of packaging; contact the company to request they use different, recyclable materials; help to create markets for recycled materials by buying products with post-consumer content.

Lane County also has “picnic kits” of 25 place settings which can be borrowed to avoid using disposable plates and tableware. Enjoy, wash and return. You can also carry your own container for restaurant left-overs, and keep a set of silverware in the glove compartment rather than use plastic utensils.

As for recycling food waste in Eugene, three locations compost commercial food wastes: Rexius, Lane Forest Productions, and the Junction City biogas plant. Curbside compost is in under discussion but not available yet in Eugene. If you aren’t able to build your own compost pile, try finding a friend who’ll accept a donation.

What “upstream” practice would you like to share with others? Send it to EEFood@uueugene.org.

UUCE Stewardship



A sneak preview of our Combined Campaign, set to launch April 10 ... (hint: save the date!)

We are a congregation of high – and deep – aspirations. They reflect who we strive to be with one another, with our children and with the world.

Our spacious, accessible building was at one time only a dream but today we enjoy the reality of a large sanctuary where we can all be together, where we can lift our hearts, eyes and voices in song, where minds of all ages are open to new learning, and where we can move forward in love, worship and transformation.

This spring our Combined Campaign begins, in support of both the programs and the physical building that help us live out our values as Unitarian Universalists. It is a time to commit ourselves to the wellbeing and sustenance of our congregation and the wider community.

As we pledge our time, talent and treasure, we honor the legacy that was left to us by our forbears who built our former church home, and build a legacy of our own for today and for decades to come.

Together we dream, decide and act.

Your campaign co-cronies,
Kay & Judy

UUCE Stewardship

Treasurer Tidbits

Taxes

UUCE has sent out the end-of-year tax statements at the end of January. For those of you who may have found discrepancies between what we have documented in our database and what you believe you donated, please send an email to the treasurer to ask for corrections or clarifications. If you wait until the last minute we may not be able to meet your needs, so please check the information you received now and tell us if you need anything further.

Our Money

A large portion of UUCE's program focus is on Religious Education. During a church year we spend about \$8685 on books and materials for our children and youth. This does not include any salaries or building costs. I believe that we truly do support the education and growth of our children - they are our future.

Your Treasurer: Dave DeCou
treasurer@uueugene.org



Guardians Team

UUCE members-and-friends! Are you looking for a way to serve your church community? Join our rotating team of greeters/security Guardians for the church community's calendared meetings and events. Training is provided.

It's a great way to get to know people and feel connected to your community! Contact Emergency Response Committee, Susanne Giordano, susangio@comcast.net, 541.517.7234.

UUCE AdMinistry

Handle Your Church Communications

“Handles” are quick and easy ways to remember and use institutional email addresses. We at UUCE are using variations on a theme of `your-handle@uueugene.org` for leadership positions and for listservs for groups. There are a number of reasons this is a good idea:

Transitions - When one committee/group leader or board member retires from a position, the new leaders can request that the institutional address be adjusted to forward to them. There is no need to try to inform everyone of a new contact address for that position. Co-chairs can receive messages sent to (and forwarded from) a Handle.

Ease of Use - The self-explanatory username (the first part) is a useful mnemonic. And it is easier for someone contacting you about your committee or group or activity to remember an email address when we know that the domain name (the last part) refers to the church. Fewer errors creep in.

Reliability- Your correspondents, both inside and outside the church, will be confident that messages to the church domain name will go to qualified persons at the church. Furthermore, addresses with errors will bounce to the listmanager who will hopefully be able to ascertain to whom they were intended, then forward them on. This amenity does not exist if errors are made when sending to personal addresses.

Protects Personal Address From Spam - When a Handle starts receiving too much spam, we can change it (and advertise the change) so you don't have to endure the spam. Then, for a few months, the listmanager can forward relevant messages from the old Handle before terminating it.

How to Use Handles - Handles are used in any published venue having to do with the church, for example, when publicizing an event or class or meeting on the website, in an email blast, on a poster, in the Newsletter, in the eBulletin and Sunday Handout, on a bulletin board or in a window announcement.

A member assigned a Handle (such as, say, `gallery@uueugene.org`) would use it to publicize an activity or opportunity in a church publication. Readers interested in more information (in this case, about the Community Art Gallery) could send a query to that address, which will forward the message directly to the person responsible for the article or blurb. Responses to such queries would be from a personal address.

Listserves for Large Groups - If there are more than 6-8 people (a church committee or group) who all wish to receive the same messages on the same general topics, and even talk amongst each other, they can be gathered together into a listserv.

How to Get A Handle - Make your Handle or Listserv requests to `listmanager@uueugene.org` To retire a Handle or Listserv, contact the same address: `listmanager@uueugene.org`

ROSTER OF CURRENT HANDLES:

`minister@uueugene.org`
`kwministries5@gmail.com`
`president@uueugene.org`
`vicepresident@uueugene.org`
`secretary@uueugene.org`
`treasurer@uueugene.org`
`office@uueugene.org`
`assistant@uueugene.org`
`archives@uueugene.org`
`avteam@uueugene.org`
`bizmanager@uueugene.org`
`board@uueugene.org`
`calendar@uueugene.org`
`communications@uueugene.org`
`community-offering@uueugene.org`
`directory@uueugene.org`
`EEFood@uueugene.org`
`endowment@uueugene.org`
`facebook@uueugene.org`
`fortheBIRDS@uueugene.org`
`gallery@uueugene.org`
`healthcare@uueugene.org`
`housing@uueugene.org`
`hunger@uueugene.org`
`info-cuups@uueugene.org`
`info-interweave@uueugene.org`
`info-poets@uueugene.org`
`info-sm@uueugene.org`
`kwministries5@gmail.com`
`landscaping@uueugene.org`
`listmanager@uueugene.org`
`meditation@uueugene.org`
`memb-chair@uueugene.org`
`men@uueugene.org`
`minister@uueugene.org`
`music@uueugene.org`
`nominations@uueugene.org`
`operations@uueugene.org`
`podcasts@uueugene.org`
`publications@uueugene.org`
`reachout@uueugene.org`
`rentals@uueugene.org`
`sewing@uueugene.org`
`tuesdaypotluck@uueugene.org`
`uucedre@uueugene.org`
`uucere.assist@uueugene.org`
`volunteering@uueugene.org`
`webmaster@uueugene.org`

Questions? Use the Handle for the listmanager(s):
`listmanager@uueugene.org`

Joy Hainsworth – In Memoriam

Joy Hainsworth passed away on February 21, fighting to the end for the right to remain in her own home, her beloved Spring Willow Farm in Alvadore.

All her life Joy was a fighter. At home and abroad she was a staunch activist for gay and women's rights, and an advocate for justice and peace. For example, in the 1980s she joined a group that took earthquake relief supplies to El Salvador and marched with the Madres on the anniversary of Archbishop Romero's assassination. When Woodburn (Oregon) farm-workers struggled for better working conditions and fairness, she was there with other Eugene-area church members as witnesses to help prevent violence. (A week before her death she could still laugh at the errant toilet paper rolls that kept escaping to leave paper trails behind the porta-potty that the group hauled on the back roads of Woodburn.) In 1996 she was part of a women's delegation to Cuba where her experience as a gray-haired woman farmer was a cross-cultural bridge. PFLAG, CALC, and CISCAP (now LASC) could count on her support in their social justice outreach.

During her last several years, she waged a fierce battle against failing health, living far longer than it seemed anyone could endure.

Born in 1929 in Massachusetts, Joy graduated from Boston University with a BA in Physical Education. During her varied career she served as an administrator for the Girl Scouts of America, a social worker and caregiver for troubled youth, and as the owner of her own farm, where she grew and sold Italian prunes, cherries, apples and blueberries—and raised cows, pigs, and chickens. When she was in her 50s she adopted, doc-tored, and trained a wild mustang, whom she named Jonathan Caitlan.

She joined UUCE in the 1950's, where she was known by almost everyone, including most of the children—many of whom called her aunt or grandma. She loved music and singing and was a long-time member of the Sanctuary Choir (as well as the lesbian choral group, Soromundi). Over the years she gave generously of her time and spirit in other ways: teaching in RE, serving as the youth group advisor, a mover and shaker in the Women's Alliance and a member of the Quest sister circle.

Joy is survived by three sisters, Gail of Kansas and Barbara and Priscilla of Connecticut, as well as several nieces and nephews.

The Celebration of Life that she herself planned will be held at UUCE on **March 19** (her 87th birthday), **at 3:00 pm**. Both the Sanctuary Choir and Soromundi will provide the music. Her favorite food, vanilla ice cream, will be served.



Joy shared the story of a special night when she sat down in her meadow to watch the stars, and her cows came over and laid down beside her. This rendition commemorates that beautiful occasion which was so dear to her.



Celebration of Life Potluck Gathering for Kitty Giordano
Friday, March 25, 6-9pm, Doors Open 5:30pm

Kitty Giordano was the mother of our pianist, Susanne Giordano. You may have seen Kitty every Sunday service sitting in the front row with her walker in front of her. Kitty wanted a party, like the Irish woman she was, not grieving. So party we will, in community that we so enjoy! All of our UUCE community is invited. Dress for fun and relaxation.

This will be a potluck gathering in the Social Hall. Rev. Sydney's Blessing for the meal will happen shortly after 6:00, and the potluck will open after that. Kitty's favorite foods were: anything chocolate, banana pudding, mixed lettuce salad, grilled veggies and roasted or grilled dark meat chicken. The local chapter of the Sweet Adelines, The Greater Eugene

Chorus, will provide a smaller ensemble group sometime between 6:30-7pm to sing several barbershop songs in honor of Kitty, who was a Sweet Adeline for over 40 years.

There will be pictures and albums displayed, some recorded barbershop music played, possibly a video, a Book of Remembrance for those who want to write Susanne some thoughts about their experiences with her mom, and a mic to pass around for those who would like to share something of their friendship with Kitty. Child care will be arranged as needed, please call or email Susanne Giordano no later than March 22: 541.517.7234 or susangio@comcast.net.

Charles John Adams

Charles John Adams was born in Racine, Wisconsin on February 14, 1924, to William and Helen Adams. Helen was a nurse, and his father was a laborer. Chuck grew up with humble roots during the depression, looking after his younger brothers, Joe and Paul, after their mother's death when he was 16. He joined the navy in 1944 as a radio operator, which took him westward, where he was stationed in San Diego, Seattle and Alaska. During a train journey to Alaska, in 1945, he met the love of his life, Ruth Manhart, a young Polish immigrant living with her mother Fanny in Los Angeles. In their shared life, they expanded each other's worlds.

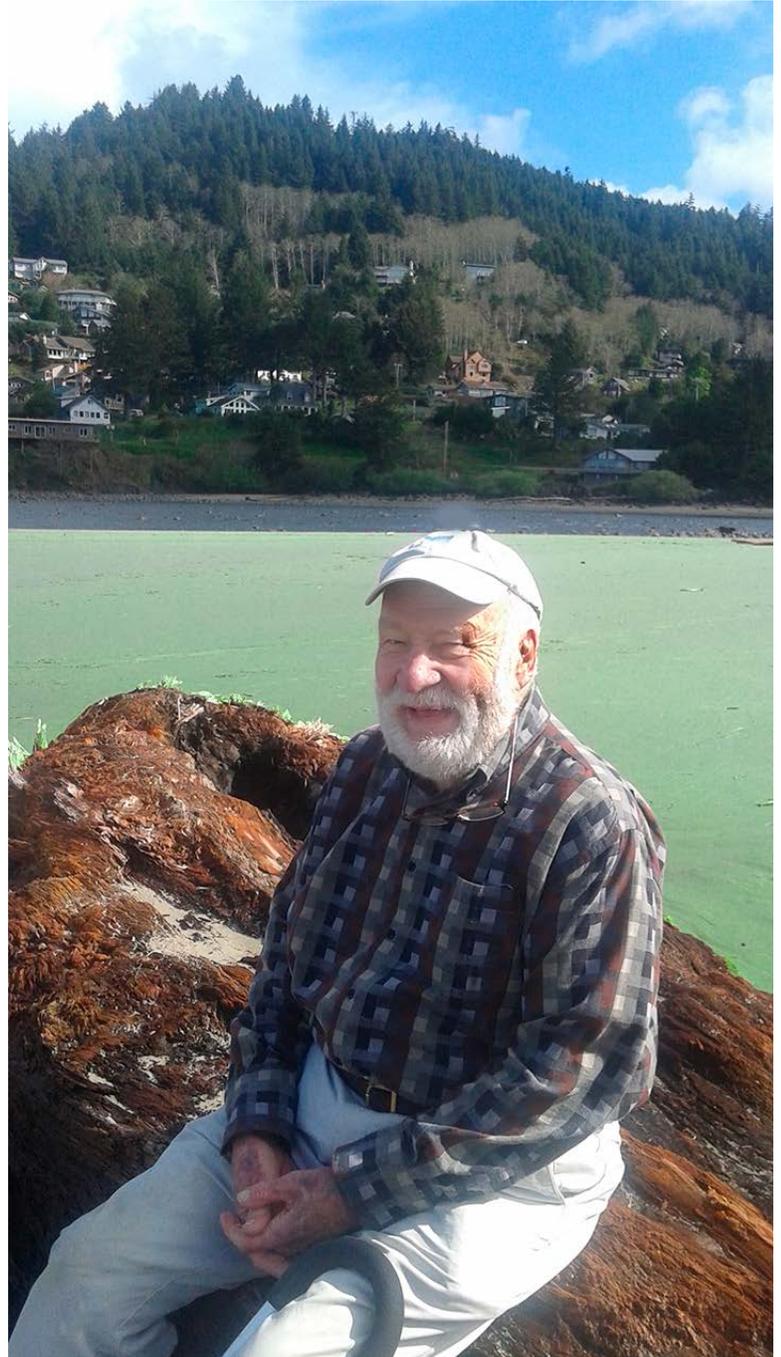
After leaving the Navy, he earned a BA in Economics and Statistics, Phi Beta Kappa, from the University of Southern California, and several years later received an MBA from Syracuse University. He worked as a quality-control engineer in the aerospace industry and loved to speak of his work on the team that developed the moon rover. Chuck also taught economics and quality control at the junior college level for many years in Los Angeles.

On retirement, Chuck and Ruth moved to be closer to family from Culver City, California to Eugene where they cherished their garden and the beauty of this earth. Chuck helped Ruth write her life story of growing up in Poland back in 1997, a few years before she died. He went on to reinvent himself in these later years, and engaged in and took leadership roles in several organizations: Unitarian Universalist Church in Eugene, Osher Lifelong Learning Institute, Thinking Allowed, Reader's Theater and Very Little Theater. Chuck volunteered for many years reading to children with the SMART program. These were his beloved communities, along with his dear friends.

With a powerful mind and a big heart, he was a voracious learner, and it was in his retirement that he was able to fully allow his multifaceted interests to bloom - from economics to sub-atomic particles, from history to issues around social justice, and many more. His resilience, humor, sparkle and capacity to engage with people were his gifts that we will remember him by.

He is survived by his loving family, John Adams (Janis Platt), Chris Adams (Rick McClurg) and Laura Adams (Gary Heldt). Chuck and Ruth delighted in the growth and development of their grandchildren, Patrick and Emma McAdams, and Nathan and Katie Heldt, as the next generation.

In lieu of flowers, donations can be made to Food for Lane County, Habitat for Humanity or the Unitarian Universalist Church of Eugene. We are grateful that



you have all been a part of helping him “live the dream,” as he was so fond of saying. Chuck, your bright spirit and wit will be missed and will carry on.

The Celebration of Life will be held at the UU Church in Eugene on **April 16th at 2pm.**

Laura K. Adams